

MAYOR OF LONDON



Ken Richards

Pension Credit helps you get through

We're reminding older Londoners to claim the support they're entitled to. Ken explains how Pension Credit helped him when he needed it ...

I think Pension Credit is a very good thing. It means you can get help financially with treatment you need from your dentist, doctor – and many other things – when you need it.

There are some people who may be too proud to ask for financial support because we all have pride. I don't care about that if I'm getting something that helps me. It's important for anyone who has a problem with less money – if it's available and you're entitled to it then take advantage of it. I'm 86 now and, as someone that never asks for things unless I need them, I would say everything helps!

MAYOR OF LONDON

I found out about Pension Credit through the leaflet sent with my pension. I visited the town hall in Kensington and Chelsea to discuss it further and was sent more information about it. My local town hall looks after its people very well and I found that I got a very good response. If you're interested in learning more about Pension Credit and you're not comfortable visiting your local council then I think you should go to Citizens Advice or, even better, to Age UK. They can give you all of the information you need. They're a really great help.

[Find your local Age UK](#)