**Role of Advocate**

1. Promote and safeguard rights of children and young people (CYP), and provide impartial information on a range of topics and issues.
2. Offer support that sensitively considers what has happened to a CYP; thinking about the impact, their feelings and ways to cope.
3. Empower CYP to be more involved in planning and decision-making.
4. Ensure professionals such as police, social workers and therapists are providing the services CYP require.
5. Work with the professional network, to help improve services and achieve better outcomes for CYP; including: family and carers, social worker, police, teachers and sexual health services.
6. Help CYP achieve their goals.
7. Help CYP develop a better understanding of police processes, such as supporting an investigation, giving evidence in court and making complaints.
8. Support CYP to have a voice and represent their wishes and feelings in a way that works for them
9. Support parents, including co-running the parent psycho education course with CAMHS and an ‘expert by experience’